



JUSTLIKEMYCHILD
FOUNDATION



Journey to Uganda

Dec 7-13, 2019



Join our Founder, Vivian Glyck for a unique glimpse into the country and experience of a lifetime! See why our vision is to empower one million vulnerable adolescent girls and the communities they live in, and how it will create a dramatic improvement in the world's health, economic stability and environment.

Cost: **\$5,000 (\$2,500)** is tax deductible; airfare not included)

Itinerary dates (not including travel time): **Saturday, December 7 - Friday, December 13, 2019**

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**Itinerary is subject to change.*

Itinerary At-A-Glance

Saturday, December 7th

Arrive in Entebbe, Uganda.

Sunday, December 8th

8:00 am – Breakfast at the Premiere Garden Hotel

10:00 am – Depart Entebbe

12:00 pm – Experience Camp Girl Power!

3:00 pm – Check-in Naiga Hotel, Uganda

4:00 pm – JLMC Orientation from Audrey and Vivian + Social Mixer "What's Your Why?"

6:00 pm – Dinner at the Naiga Hotel with JLMC team

Monday, December 9th

8:00 am – Breakfast at the Naiga Hotel with Orientation from Janet

10:00 am – Self-Defense Club Session; "Defend Your Body"

1:00 pm – Lunch at the Naiga Hotel with Mandela Scholars

2:00 pm – A Day in the Life of a Girl; Walk for Water

6:00 pm – Dinner at the Naiga Hotel

Tuesday, December 10th

8:00 am – Breakfast at the Naiga Hotel

10:00 am – Visit Zak's Library at Namumira

1:00 pm – Lunch at the Naiga Hotel

2:00 pm – Financial Literacy Club Session

4:00 pm – Guided Village Walk

6:00 pm – Dinner at the Naiga Hotel with JLMC team & Pack for Paraa

Wednesday, December 11th

6:30 am – Early Breakfast & Depart for Paraa Safari

12:00 pm – Check into Paraa Safari Lodge and Lunch

2:00 pm – Boat Safari and Nile River Excursion

7:00 pm – Dinner at Paraa Safari Lodge

Thursday, December 12th

8:00 am – Land Safari Group One (Explore Paraa Safari Lodge on your own before dinner)

4:00 pm – Land Safari Group Two (Explore Paraa Safari Lodge on your own before safari)

7:00 pm – Dinner at Paraa Safari Lodge

Friday, December 13th

8:00 am – Depart for Kampala; Culture and Marketplace Shopping

7:00 pm – Dinner & Prepare for Flight Departure

Saturday, Dec. 7 — Arrive in Entebbe, Uganda

Recover and Unwind After Hours of Travel in Entebbe

Upon your arrival in Entebbe, an airport shuttle will pick you up outside of the arrivals terminal and take you to the Best Western Premier Garden Hotel. The driver will be holding a sign that says “Just Like My Child.” The shuttle will be pre-paid for you. Hotel amenities include high speed wireless Internet, hot showers, and continental breakfast. You will be greeted at the hotel by JLMC Staff. Recover and unwind after hours of travel.

Sunday, Dec. 8 — Arrive in Luwero, Uganda

8 am — Enjoy Breakfast at the Best Western Premiere Garden Hotel

10 am — Depart Entebbe

Travel to Luwero, the epicenter of most of JLMC's programming. We will travel by vehicle to Luwero where JLMC's programs began 11 years ago.

12 noon — Experience Camp Girl Power

After breakfast, we will visit JLMC's Girl Power Project® team members, Girl Power Advocates, and Girl Power Mentors at Camp Girl Power—a weekend-long workshop where 100 girls become trained mentors for their peers. You will be invited to participate in a special dialogue with the girls and share your experiences with them. You'll be surprised by how much we all have in common!

Witness the level of impact that human rights education and empowerment training can have on a community in the Ugandan context.

Plus, you'll learn how the Girl Power Project is helping the whole community to address sexual and gender-based violence and lifts girls up, so they have the opportunity to reach their full potential. Participate firsthand in the Camp Girl Power Graduation Ceremony, where girls graduate as Peer Mentors and receive a toolkit that will help them spread their knowledge to other girls in the community through Girl Power Clubs.



3 pm — Check-in, Orientation & Social Mixer “What's Your Why?”

Check-in to the Naiga Hotel accommodations in Luwero. JLMC's Country Director, Audrey Kanyesigye will give us short orientation, along with the history of Just Like My Child Foundation from the Founder, Vivian Glyck.

We know that deciding to Journey to Africa is an internal and external trip. In the early evening, Vivian will lead us by gathering together in an opportunity for individual introductions, to share our purposes and hopes for the trip, and of course, networking. Dinner to follow.

Monday, Dec. 9 - Welcome to Luwero, Uganda

8 am — Breakfast at Naiga Hotel

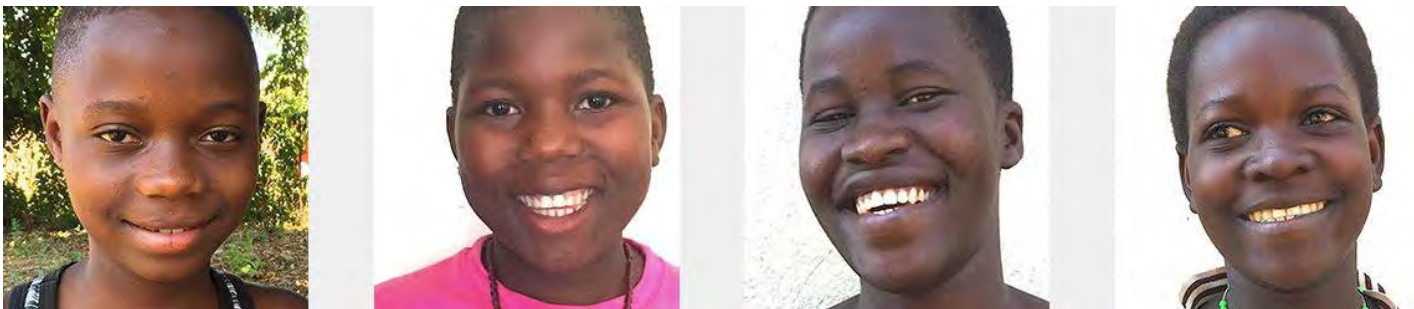
While you enjoy breakfast, JLMC's team member Janat will present our club session "Self Defense", with insightful details around the importance of protecting Uganda's youth, and things to anticipate in the day's experience ahead.

10 am — "Self Defense" Club Session

The second year of Girl Power Project® programming includes a number of "club" sessions on critical topics which can greatly affect their survival. Girls learn basic self-defense and ways to attract help if they are threatened with violence. The club session is led by local police officers. Not only will the girls learn strategies to protect themselves, they will be building vital relationships with local police officers who work to protect them.



1 pm — Lunch at the Naiga Hotel Joined By Just Like My Child's Mandela Scholars



2pm — A Day in the Life of a Girl Walk for Water at the Home of a Mandela Scholar

After lunch, we will travel to another local village and be welcomed into the Ugandan home of a Mandela Sponsored student and meet other Mandela Scholars. Help the girls take part in some of their daily chores, including walking for water, feeding animals, and digging in the garden. It will be a joyful and fun opportunity for the girls to teach you how to live like a Ugandan girl!

JLMC's Mandela Project provides sponsorship of higher education and mentorship for girls in the Girl Power Project who have the potential to become extraordinary leaders in their communities, but whose families simply can't afford the fees to keep them in school.

We call it the Mandela Project in honor of Nelson Mandela who demonstrated that true leadership and solutions to a country's problems must come from the resilience and talent of its own people. The Mandela Project is sowing the seeds of leadership in Uganda by ensuring that the best and brightest girls continue their education.

6pm — Enjoy Dinner at the Naiga Hotel



Tuesday, Dec. 10 — Meet the Community and JLMC's Partners

8 am — Breakfast at Naiga Hotel

10 am — Visit Zak's Library

Tour the library and classrooms at Namumira Primary School and meet the teachers, students and community members. The school was built by the community with support from JLMC's Project Universal Education. Learn how this inspiring community has fought the injustices facing girls through JLMC's Girl Power Project and Project Justice programs—while mentoring other communities to do the same.



1 pm — Lunch at Naiga Hotel

2 pm — "Financial Literacy - Budgeting" Club Session

The second year of Girl Power Project® programming includes a number of "club" sessions on critical topics which can greatly affect their survival. Girls learn how to control their spending by creating a budget. Not only will the girls learn basic financial literacy, they will also build essential strategies to plan for their financial futures.

4 pm — Village Walk

Feel like a true Ugandan as you take an "off-road" walk in the village in the afternoon. See children completing their weekend chores, parents preparing for the week ahead and the general hubbub of village life. Plus you'll witness the true beauty of the Ugandan "bush."



6 PM - Farewell Dinner at Naiga Hotel with JLMC Team



Wednesday, Dec 11 — Experience “The Jewel of the Nile”

6:30 am - An excursion to Paraa Safari Lodge, situated along the Nile River

After an early breakfast, we'll travel to the beautiful Murchison Falls National Park. With magnificent views of the majestic Murchison Falls, the four-star Paraa Safari Lodge offers a unique blend of comfort, relaxation and adventure. Set in a small area of landscaped gardens, the lodge recreates the mood of quiet elegance. With some of the country's finest attractions at your doorstep, you will enjoy an impressive range of activities.



1pm — Lunch at Paraa Hotel

2pm — Boat Safari

Take a picturesque boat ride down the Nile River to the foot of the gorgeous Murchison Falls. Afterwards, you will journey to the top of the falls for an easy walk around the cliffs and right up to the edge of the breath-taking falls themselves. The mesmerizing scenery, sounds and pure rush of the water will change your soul for the better. There really is nothing like it. In the evening relax and appreciate the superb setting, cool swimming pool, and delicious cuisine. Enjoy a complimentary breakfast the following morning.

Thursday, Dec 12 — Safari Adventure

8am or 4pm - Land Safari

Enjoy a lovely breakfast before an expert safari guide takes you out for an early morning game drive through bush land teeming with a wide variety of wildlife. See herds of elephants, giraffe, water buffalo and lions from a safe, but close distance. Travel back to Paraa Safari Lodge to eat a delicious lunch and relax on the beautiful grounds and the heated pool.



Friday, Dec 13 — Culture, Shopping and City Life in Kampala

8:00 am — Depart for Kampala Banana Boat and Cafesserie in Kampala

Depart for Kampala early in the day, take a stroll through the National Theatre craft market where you can find almost anything made in Uganda, including mats, bracelets, artifacts, beads and so much more. Bargain with the locals for a fair price and take home something that will remind you of the amazing experience you've had in the Pearl of Africa.

4pm — Dinner The Protea Hotel by Marriott Entebbe

After a day in Kampala, we will travel as a group to the Protea Hotel in Entebbe to partake in an group dinner. Following dinner, we will transport you to the airport to catch your late- night flight.

8pm — Prepare for Departure

We recommend scheduling your departing flight from Entebbe Airport the evening of Friday, December 13th.

